



Township of South Glengarry

Age Friendly Community
SDG SUMMIT
June 3, 2016

Ontario's Celtic Heartland

Age Friendly Community

- **What is an Age Friendly Community?**
- An Age friendly community creates supportive social and physical environments that enable older people to live active, safe and meaningful lives and continue to contribute in all area of community life

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- The World Health Organization (WHO) in partnership with the Public Health Agency of Canada engaged cities worldwide to ask seniors to identify what they thought were the key elements needed for cities to successfully support healthy aging
- Thirty-three cities were involved in the WHO project. Among them were four Canadian cities in British Columbia; Manitoba; Quebec (only available in French); and Nova Scotia

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- The Age Friendly Outreach Community Initiative began by the Province of Ontario in November 2014 when the Age Friendly Community Planning Grant was announced
- Ontarians are living longer than ever before however as we age we are seeking opportunities to stay active and engaged in our communities all we need are opportunities; municipalities can assist with providing and/or facilitating opportunities

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- Older adults have the same needs as people of all ages however accessibility to health care and social services, transportation, housing safety and strong social networks all become more central to our lives as we age
- For the purposes of this project ,older adults are defined as: Age 55 and older
- Preparing for the grant application revealed that 37% of our population is over 55; the new 2016 census data now reveals that over 40.6% of our population is now over 55

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Are you an Aging Community?

SDG Older Adult Population Data

	N.D	S.D	S.S	N.S	N.G	S.G
Pop.	11,225	10,794	12,617	6,775	10,251	13,162
55+	3,325	3,945	4,040	1,720	3,770	4,820
%	29%	37%	32%	25%	37%	37%

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- In June, 2015 South Glengarry received \$23,500 from the Province
- A consultant was retained
- Project commenced in September 2015
- Our main goal for this project is to:
 - to improve recreation opportunities to older adults
 - to enhance communication with residents about the services

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- A Senior's Advisory Committee (SAC) was struck with representation across South Glengarry including businesses and agencies such as: EOHU, Nurse Practitioner Led Clinic and GIAG
- The purpose of the SAC is to assist with Community Outreach, bring important info to the table and to review the documents throughout the project

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- The Province required municipalities to integrate the World Health Organization's 8 dimensions of community life that directly affect older adults:

Outdoor spaces & Public Buildings	Respect & Social Inclusion
Transportation	Civic Participation & employment
Housing	Communication & Information
Social Participation	Community Support & Health Services

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- Community Outreach included:
 - Grouping similar organizations and conducting detailed meetings such as:
 - Faith based organizations
 - Active groups
 - Service clubs
 - Health organizations

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- Community Outreach included:
 - Hosting 4 Community Meeting with older adult residents in different locations
 - Distributing over 800 surveys to throughout the community; it was also made available on line

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- Following the Community Outreach:
 - A Phase 1 Report including context, issues and opportunities was produced and reviewed by SAC
 - A Final Age Friendly Community Action Plan was produced and reviewed and approved by the Committee

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- The Final Report includes 27 Recommendations that may be implemented in order to become a true age friendly community
- The recommendations include items such as:
 - Key areas for new program development for older adults
 - Filling in gaps in the municipality where no services are available
 - Improve partnerships with existing organizations and programs

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- The recommendations include items such as:
 - Implement accessibility plan
 - Set priorities for Recreation Master Plans and Trails Master Plan
 - Improve Communication
 - Encourage new programs with possible support

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- Final Report will be adopted by Council
- Administration will develop an implementation plan
- Provincial report due in mid August
- Now ready for implementation funding which is expected to be announced in the 2017 Provincial budget

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- Ensured that the final report included reference to many facilities or projects so this report can be used for other funding opportunities

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